

Well done! Ikusagawa Power!!

On December 4th, a mini volleyball competition was held in the Sports Center. Three teams of children (fifteen participants in total, ranging from 3rd to 6th graders) joined. The girls' team, which included 2nd-4th grade children, tried their hardest in a game against some higher grade kids. Though they were not victorious, it was a good experience for them. The boys' team, which included 2nd-6th grade children, won a game but was unfortunately beaten in the preliminary round. The girls' team (including 4th and 6th grade children) joined the boys' league and stood first in the preliminary game. In the semi-final, they played against the team from Togeshita ES, which had been their opponent during a match in the spring. With the full set, our team regrettably lost but brilliantly won the bronze medal match. They got apples as an extra prize, and the whole school really enjoyed them.



<Very Moved With Enthusiastic Tears>

<Ikusagawa ES>

Dodge Ball Competition Promoted By Student PE Committee

From November 29th to December 20th, we had a dodge ball competition that was sponsored by the student PE committee. During the break, all the classes (which included 4th-6th grade students) played against each other in the league match. The winners for each grade are classes 6-3, 5-3, and 4-1. To the student PE committee and the players who gave it their all: thank you very much for your hard work! We plan to reform the league and have a championship during the third semester.



<Onakayama ES>

Rewarding Second Semester

Vice-Principal Ryuji Mitani

The peak of Mt. Komagatake is completely covered in snow and this year is going to be over soon. We had various school events and educational activities during the second semester, and we think the kids have had many fulfilling experiences. For the big events, there were school trips for the 6th grade elementary school students and the 3rd grade junior high school students, as well as extended school for the 5th grade students. Our students were amazed and enriched by the history and culture of the towns that they visited.

The elementary school students learned about Jomon Culture from the curator of the Nanae Historical Museum and visited the Hakodate Jomon Culture Center. They visited the Sannaimaruyama Ruins and learned about what life was like during the Jomon period. It was such a valuable educational experience that they collected their new knowledge and presented it at the school festival.

The junior high school students went on a field trip for each school subject. Experiencing the subjects in the real world, rather than simply studying them in the classroom, heightened the students' interests. They were able to interview people and gained invaluable experiences while in the field. For sports, we had the marathon and the baseball competition. During these events, the students showed how hard they have been practicing and they gutted it out until the last minute.

We think that the students felt the importance of trying their best until the end, as they were moved by the enthusiastic ways that their teachers taught them.

Also, we think the compilation of the first and second semesters should be called the school festival. This year, the level of the students who played instruments and sang in the chorus was exceptionally high. In the hall, their eyes expressed their sincerity and their nervousness. They gave a wonderful performance despite such circumstances. We could tell that the students had spent a lot of time preparing and practicing each performance, and the hall was filled with an excited mood. The presentations by the Play Club and the Drum Club were so brilliant that no one would think that ES or JHS students performed them. They received a loud round of applause from the audience.

Through these various educational activities, we saw that the students had made great progress. They of course tried their best, but the result was also achieved thanks to the teachers and staff members who led and supported them.

We will all work together to support the students so that they can have a fulfilling school life. We would appreciate it if you could cooperate and support our effort.

<Suzurandani Branch S>

School News of Nanae

Digests No.3 Apples & Grapes

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To Grow Up As a Sensible Person!

On December 1st, our 2nd and 3rd grade students attended a lecture on sex education. The lecturer, Dr. Yoko Kobamatsu from the Yunokawa Women's Clinic, gave the students a lecture with the theme, "How to grow up as a sensible person."

Dr. Komatsu said the fact that we were born into this world is proof that our parents loved and longed for each other. She said that the students should think about this creation of life during junior high school, because their minds and bodies are still growing.

She also mentioned that our judgment and our actions (as men, women, and people) are incredibly important.



"Think for yourself and act with responsibility. Become an adult who can behave, treating yourself and others nicely. Additionally, never allow yourself to be controlled by the media and the Internet."

<Onuma JHS>

School Lunch Tasting Meeting

A school lunch tasting meeting was held on December 9th, before Parents' Day. Prior to the meeting, a nutritionist named Ms. Ito gave the parents a lecture about school lunch. After the lecture was finished, they had a pleasant lunch with the kids at each class.



Big News!

<Onuma ES>

The Nanae School Lunch Center brilliantly got the first prize in the Hokkaido School Lunch Cooking Contest, which was held in Sapporo on January 6th. The theme of the fourth contest was "school menu blessed with venison." Two people from our center, the nutritionist Ms. Ito and the school lunch chef Ms. Kanaya, attended the contest. They cooked minced salmon soup, venison stir-fry with sweet and peppery vegetable sauce, and baked apples using Nanae Himekami Apples.

Overseas Delegation Training Report

Before the closing ceremony of the second semester, we had the overseas delegation report meeting. Hana Oguma of class 2-B and Sae Omiya of class 2-C visited Concord for eleven days, from October 26th to November 5th. With an imposing air, they presented information about Concord, how life was with their host families, and what they experienced in America.



We hope that they deepen their international understandings and have a global way of thinking.

<Onakayama JHS>

Community School Greeting Campaign



Thank You For Your Cooperation

This picture is a brief shot from the greeting campaign, which is one of our efforts for community school. Mr. Matsuda and Mr. Abe stood at the school gate, Mr. Niwata and Mr. Takeda stood at their houses, and office manager Mr. Sugaya stood at a crosswalk.

We really appreciate their cooperation. We'll start the campaign again on January 17th, after the winter holiday ends.

<Togeshita ES>

Good Friends Week!

Mon, Dec.5

~ Fri,9

Good Friends School Lunch

Good Friends Cleaning



During the Good Friend Week, sponsored by the student council, the kids strengthened their interactions with each other through two events: the Good Friends School Lunch and Good Friends Cleaning. 1st and 6th graders, 2nd and 5th graders, and 3rd and 4th graders did some activities together beyond their grades. Seafood curry was served at the Good Friends School Lunch on December 7th. At the beginning, kids looked a little nervous. However, during the latter half of the event, it was a harmonious time during which everyone enjoyed talking to each other. Good Friends Cleaning was a good opportunity for the higher-grade students to teach the lower graders. We are sure that a new bond will sprout from this, as the students interacted with different grades than they usually do.

<Nanae ES>

Fujishiro Kids Activities

The whole school enjoyed activities based on the idea of, "Enjoying your school life!" The student council and committee sponsored these activities.

① School Dodge Ball Competition (Health and Physical Education Committee)

From December 21st to 29th, we had a dodge ball competition. This competition was the kids' favorite. They played against each group in the tournament. All of the matches were exciting and heated games. B-1 placed first, C-1 placed second, and D-2 placed third.

② The Gathering for Playing With Everyone (Three top posts of the student council)

On December 6th, we held the gathering for playing with everyone. The rules of the game were as follows: the kids had to listen to the sound of a drum and whistle. They then had to get into groups, with the size of the group being determined by the number of sounds that they heard. Regardless of grade, all of the kids made a big circle and were connected to each other by the end.



<Fujishiro ES>

We're Good at Pounding Rice Cake

On December 2nd, we had an interactional mochi pounding party. The purpose of the activity was to interact with people in the district, so the students formed a plan for this and made all of the necessary preparations. In the presentation, the 1st and 2nd graders played the keyboard harmonica. The 3rd and 5th graders gave a song quiz by playing the recorder. They interacted with people in the area by playing together. After the presentation, we all moved into the hall and pounded rice paste. We molded the freshly pounded paste into round rice cakes and then made various dishes such as ozoni, bean paste mochi, and soybean-powdered mochi. We made the soybean powder specially by grinding roasted soybeans with a stone mill. We enjoyed these dishes very much.



<Higashionuma ES>

Anti-Bullying Meeting

Sponsored by the Student Council

On December 12th and 16th, we had the anti-bullying meeting, which was sponsored by the student council. In the first meeting, the students were divided into 50 groups to talk about bullying behaviors and how they could be prevented. It was a challenge for all of us, but the 3rd graders became leaders and seriously shared their opinions on the topic. In the second meeting, some of the



groups gave presentations that summarized what they had discussed in the first meeting. After that, the student council representative, Ms. Otone Yokota, the representative teacher, Mr. Kurotaki, and the representative of the Parent-Teacher Association, Mr. Taniguchi, read out the anti-bullying declaration.

Nanae JHS Anti-Bully Declaration

We, We, the students of Nanae JHS, will never bully anyone based on the slogan, "Fine Nanae JHS, Fine Nanae JHS Students."

- Never Bully
- Let No One Bully Any One.
- Always Tell an Adult If You Are Being Bullied